

Episode Quick Glance Guide



Spring 2025 (v3.2)

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
06:30-07:00 AM	Business Ep 1	06:30-07:00 AM	Business Ep 2	06:30-07:00 AM	Business Ep 3	06:30-07:00 AM	Business Ep 4	06:30-07:00 AM	Business Ep 5	06:30-07:00 AM	Business Ep 6	06:30-07:00 AM	Business Ep 6
07:00-07:35 AM	Workplace H&S Ep 1-4	07:00-07:35 AM	Food Hygiene Ep 1-2	07:00-07:35 AM	Workplace H&S Ep 1-4	07:00-07:35 AM	Food Hygiene Ep 1-2	07:00-07:35 AM	Workplace H&S Ep 1-4	07:00-07:35 AM	Food Hygiene Ep 1-2	07:00-07:35 AM	Workplace H&S Ep 1-4
07:35-08:00 AM	Neurodiversity Ep 1-3	07:35-08:00 AM	Neurodiversity Ep 1-3	07:35-08:00 AM	Neurodiversity Ep 1-3	07:35-08:00 AM	Neurodiversity Ep 1-3	07:35-08:00 AM	Neurodiversity Ep 4	07:35-08:00 AM	Neurodiversity Ep 1-3	07:35-08:00 AM	Neurodiversity Ep 4
08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4	08:15-09:00 AM	Mental Health Ep 1-4
09:00-09:45 AM&PM	Fitness for Life Ep 1	09:00-10:00 AM&PM	Business Ep 1-3	09:00-09:45 AM&PM	Fitness for Life Ep 1	09:00-10:00 AM&PM	Business Ep 1-3	09:00-09:45 AM	Minute Maths Pt1	09:00-10:00 AM&PM	LGV Driver Theory Ep 3-4	09:00-09:45 AM	Minute Maths Pt1
09:45-10:00 AM&PM	Successful Sales Ep 1-3			09:45-10:00 AM&PM	Successful Sales Ep 1-3			09:45-10:00 AM&PM	Successful Sales Ep 1-3			09:45-10:00 AM&PM	Successful Sales Ep 1-3
10:00-11:00 AM&PM	H&S Construction Ep 1-2	10:00-11:00 AM&PM	LGV Driver Theory 1-2 Ep	10:00-11:00 AM&PM	H&S Construction Ep 1-2	10:00-11:00 AM&PM	LGV Driver Theory 1-2 Ep	10:00-11:00 AM&PM	Disability Awareness Ep 1-4	10:00-11:00 AM&PM	H&S Construction Ep 1-2	10:00-11:00 AM&PM	Disability Awareness Ep 1-4
11:00-11:40 AM&PM	Food Hygiene Ep 1-2	11:00-12:00 AM&PM	Business Ep 4-6	11:00-11:40 AM&PM	Food Hygiene Ep 1-2	11:00-12:00 AM&PM	Business Ep 4-6	11:00-11:05 AM&PM	Critical Thinking Skills: Goal Setting	11:00-12:35 AM&PM	Digital Skills Ep 1-4	11:00-11:05 AM&PM	Critical Thinking Skills: Goal Setting
11:40-1:30 AM&PM	Fitness for Life Ep 2-4	12:00-1:30 AM&PM	Customer Service Ep 1-4	11:40-1:30 AM&PM	Fitness for Life Ep 2-4	12:00-1:30 AM&PM	Customer Service Ep 1-4	1:05-2:05 AM&PM	Minute Maths Pt2	12:35-1:20 PM	Creative Writing Ep 1-3	1:05-2:05 AM&PM	Minute Maths Pt2
1:30-2:50 PM	Warehousing Ep 1-6	1:30-2:15 PM	Job Finder Ep 1-6	1:30-2:50 PM	Warehousing Ep 1-6	2:05-3:00 PM	Mental Health Ep 1-4	1:30-2:15 PM	Job Finder Ep 1-6	1:20-2:05 PM	Job Finder Ep 1-6	2:05-3:00 PM	Mental Health Ep 1-4
2:50-3:00 PM	Study Break	2:15-3:00 PM	Creative Writing Ep 1-3	2:50-3:00 PM	Study Break	2:15-3:00 PM	Creative Writing Ep 1-3	2:50-3:00 PM	Job Finder Ep 1-6	2:05-3:00 PM	Job Finder Ep 1-6	2:05-3:00 PM	Job Finder Ep 1-6
3:00-3:45 PM	Fitness for Life Ep 1	3:00-4:00 PM	Business Ep 1-3	3:00-3:45 PM	Fitness for Life Ep 1	3:00-4:00 PM	Business Ep 1-3	3:00-3:45 PM	Minute Maths Pt1	3:00-4:00 PM	LGV Driver Theory Ep 1-2	3:00-3:45 PM	Minute Maths Pt1
3:45-4:00 PM	Successful Sales Ep 4-5			3:45-4:00 PM	Successful Sales Ep 4-5			3:45-4:00 PM	Successful Sales Ep 4-5			3:45-4:00 PM	Successful Sales Ep 4-5
4:00-5:00 PM	H&S Construction Ep 3-4	4:00-5:00 PM	LGV Driver Theory Ep 3-4	4:00-5:00 PM	H&S Construction Ep 3-4	4:00-5:00 PM	LGV Driver Theory Ep 3-4	4:00-5:00 PM	Disability Awareness Ep 1-4	4:00-5:00 PM	H&S Construction Ep 3-4	4:00-5:00 PM	Disability Awareness Ep 1-4
5:00-5:40 PM	Food Hygiene Ep 1-2	5:00-6:00 PM	Business Ep 4-6	5:00-5:40 PM	Food Hygiene Ep 1-2	5:00-6:00 PM	Business Ep 4-6	5:00-6:00 PM	Workplace H&S Ep 1-4	5:00-6:35 PM	Digital Skills Ep 1-4	5:00-6:00 PM	Workplace H&S Ep 1-4
5:40-7:25 PM	Fitness for Life Ep 2-4	6:00-7:30 PM	Customer Service Ep 1-4	5:40-7:25 PM	Fitness for Life Ep 2-4	6:00-7:30 PM	Customer Service Ep 1-4	6:00-7:05 PM	H&S Construction Ep 1-2	6:35-7:20 PM	Creative Writing Ep 1-3	6:00-7:05 PM	H&S Construction Ep 3-4
7:30-8:50 PM	Warehousing Ep 1-6	7:30-8:15 PM	Job Finder Ep 1-6	7:30-8:50 PM	Warehousing Ep 1-6	7:30-8:15 PM	Job Finder Ep 1-6	7:05-8:05 PM	Minute Maths Pt2	7:20-8:05 PM	Job Finder Ep 1-6	7:05-8:05 PM	Minute Maths Pt2
8:50-9:00 PM	Study Break	8:15-9:00 PM	Neurodiversity Ep 1-4	8:50-9:00 PM	Study Break	8:15-9:00 PM	Neurodiversity Ep 1-4	8:15-9:15 PM	LGV Driver Theory 1-2 Ep	8:05-9:00 PM	Job Finder Ep 1-6	8:15-9:00 PM	LGV Driver Theory Ep 3-4
								09:15-9:45 PM	Neurodiversity Ep 1-3			09:15-9:45 PM	Neurodiversity Ep 1-3